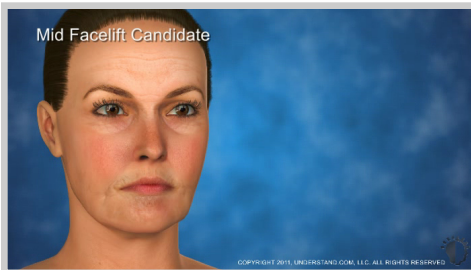


Facelift - Mid

Have you noticed sagging and wrinkles below your eyes that may have created a tired or sad appearance? A mid facelift tightens the center of the face, reducing wrinkles and age signs. Ideal candidates for a mid facelift desire a happier, softer, and younger appearance in the mid face; have not experienced significant sagging in the lower face and neck; and are often younger than those desiring a full facelift.





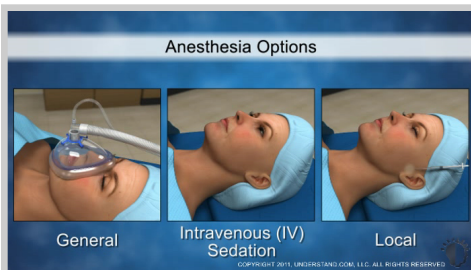
Introduction

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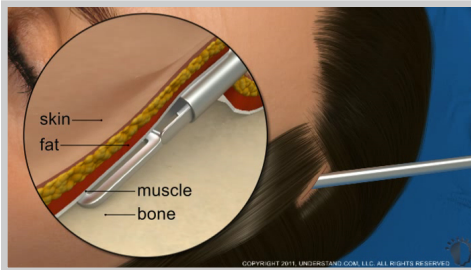
How a Mid Facelift Works

The mid facelift, sometimes referred to as a cheek lift, rejuvenates the center of the face in an area from the corners of the eyes to the sides of the mouth. Underlying muscles and fat that have sagged are lifted back up onto the cheek bones. Pulling your skin slightly up and to the sides from the cheekbones often gives a rough indication of the results a mid facelift can achieve.



Preparation

Prior to your procedure, you will be given one of three types of anesthesia to make you as comfortable as possible. General anesthesia involves breathing in a gas that causes you to sleep through the procedure. Intravenous (IV) conscious sedation is an option where an IV delivers medication that causes you to relax, but you may not be entirely asleep. The procedure may also be done with local anesthesia, in which tiny injections numb the area surrounding the surgical site. The procedure takes approximately an hour, but it may also be combined with other procedures done at the same time. Your physician will help you determine the preferred treatment options and the desired outcome.



Procedure

A small incision is typically made above each ear in the temple area, well hidden behind the hairline. Alternatively, a pair of incisions may be concealed beneath the eyelashes in the lower eyelids. Another set of incisions are made at the gum line inside the upper lip. Instruments are inserted through the lower and upper incisions to lift the skin, underlying fat, and muscle from the cheekbone. Next, the surgeon will place sutures through the fat deposits and muscle, lift them upwards, and secure them to tissue in the temple area near the upper incisions. All incisions are closed to complete the procedure.



Recovery and Results

Enhancements to the soft, round contours of the mid-face are evident immediately after the procedure and continue to improve over the next few weeks. The swelling or bruising will fade, and you may be directed to use ice packs to minimize swelling. Pain from the procedure is usually minor and can be managed with pain medications. You can often shower and wear makeup, except near the incision areas, the day after surgery, and can generally resume normal activities within a few days. Your mid facelift will reduce signs of aging and restore a firmer, well-rested, happier, and more youthful appearance.